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www.masterpack.co.za

CUSTOMER APPROVAL

MP Code	LAM_PI-91
Ticket	
Customer	Lamelle
Product	MATricoll ECM PIL
Code	-
Flat Size	210 x 297 mm
Folded Size	105 x 37 mm
Pharma Code	-
Colours	Black 
	(both sides) 
Substrate	Bond 50 gsm
Version No.	1
Date	19/8/2025
Operator	Jane
AM approval	

PLEASE CHECK CAREFULLY.

Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.

Approved by: Date & Sign

PATIENT INFORMATION LEAFLET

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS S0

MATRICOLL® ECM

Health Supplement / Multiple substance formulation

Ingredients per dose (3 capsules)

Matricoll® Marine Collagen Tri-Peptide	1000 mg
PG Elastin Peptide	100 mg
LMW Hyaluronic Acid	100 mg
Astaxanthin	5 mg
Nicotinamide	200 mg

The capsules are Halal and Kosher certified.

Sugar free

Read all of this leaflet carefully before you start taking MATRICOLL® ECM

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor, pharmacist, nurse or other health care provider.
- MATRICOLL® ECM® has been prescribed for you personally and you should not share your medicine with other people. It may harm them, even if their symptoms are the same as yours.
- Read all of this leaflet carefully because it contains important information for you.
- MATRICOLL® ECM is available without a doctor's prescription.

What is in this leaflet?

1. What MATRICOLL® ECM is and what it is used for
2. What you need to know before you take MATRICOLL® ECM
3. How to take MATRICOLL® ECM
4. Possible side effects
5. How to store MATRICOLL® ECM
6. Contents of the pack and other information

1. What MATRICOLL® ECM is and what it is used for

- The name of your medicine is MATRICOLL® ECM
- MATRICOLL® ECM is a proprietary skin anti-ageing supplement that helps restore healthy collagen, elastin and hyaluronic acid in the skin.
- MATRICOLL® ECM is the first oral supplement to offer the power of Matricoll® Tri-Peptides with proprietary PG Elastin di-peptides and low molecular weight Hyaluronic Acid.
- A triple complex to enhance the structure of the entire Extra Cellular matrix (ECM) of the ageing/aged dermis.
- MATRICOLL® ECM is indicated as an oral skin supplement for improvement in the appearance of the signs of ageing, enhanced skin hydration, reducing free radical damage and improving skin barrier function.

Benefits and Skin Improvements:

- **Matricoll® Collagen Tri- and Di-Peptides (>50% Tri-Peptides, ~10% Di-Peptides):** Enhanced skin elasticity (+20-30%), hydration (+15-25%), reduced wrinkles (-10-20%), and improved barrier function. It also supports bone density, joint health, muscle recovery, gut health, and cardiovascular health, including the reduction of LDL/HDL ratios and the decrease of toxic advanced glycation end-products (TAGE). A low dose of 500mg to 1g daily is ten times more effective than traditional HC and shows visible skin improvements within 4-8 weeks. The glycine and proline aid in promoting natural collagen production, addressing common amino acid deficiencies in modern diets.
- **Elastin Di-Peptides (PG Elastin):** Increases elastin content by 15-25%, decreases eye wrinkles by 20%, and enhances skin plumpness and tone, helping to combat sagging.
- **Low Molecular Weight Hyaluronic Acid (LMW HA, <50 kDa):** Enhances hydration by 10-20%, decreases wrinkle volume by 15-20%, reduces trans epidermal water loss (TEWL), and improves skin elasticity and smoothness.
- **Oral Astaxanthin:** Reduces photoaging, improves elasticity (+10-15%), hydration, and fine lines; prevents hyperpigmentation.
- **Nicotinamide (Vitamin B3):** Reduces fine lines by 10-15%, lightens hyperpigmentation, enhances skin elasticity, and minimises blotchiness and flakiness.

2. What you need to know before you take MATRICOLL® ECM

- If you are hypersensitive (allergic) to any of the ingredients of MATRICOLL® ECM (listed in section 6)
- If you are pregnant/breastfeeding

Warnings and precautions

- For use beyond 3 months, consult a relevant health care provider.
- Not suitable for children.
- Consult your healthcare provider before use when pregnant or breastfeeding.

Other medicines and MATRICOLL® ECM

- Use should be avoided when taking immunosuppressants, by patients with bleeding disorders and by patients on 5- α -reductase inhibitors.
- For astaxanthin, limit intake if you are on blood-thinning medications, as it could raise bleeding risk.
- Nicotinamide may interact with diabetes medications; monitor blood sugar levels accordingly.
- Always tell your health care provider if you are taking any other medicine.
- This includes complementary or traditional medicines.

MATRICOLL® ECM with food and drink

- MATRICOLL® ECM is not affected by taking it with food or drinks.
- Avoid consuming with high-protein meals if you have conditions requiring protein restriction, such as gout.
- Overall, there are no major food interactions, but excessive alcohol consumption or smoking can diminish anti-ageing effects.

Pregnancy and breastfeeding

- There isn't enough reliable information to know if MATRICOLL® ECM is safe to use when pregnant or to use when breast-feeding.
- Consult a relevant health care provider before use if pregnant, intending to become pregnant or breastfeeding.

Driving and using machines

- This medicine is not likely to affect you being able to drive or use any tools or machines.

3. How to take MATRICOLL® ECM

- Do not share medicines prescribed for you with any other person.
- Always take MATRICOLL® ECM exactly as prescribed in this leaflet or as your doctor or pharmacist or nurse has told you.
- Check with your doctor or pharmacist or nurse if you are not sure.
- Take this medicine by mouth

The usual dose is:

- MATRICOLL® ECM is taken as three capsules once daily, preferably after food.

If you take more MATRICOLL® ECM than you should

- In the event of overdosage, consult your doctor or pharmacist.
- If neither is available, contact the nearest hospital or poison centre.

If you forget to take MATRICOLL® ECM

- Do not take the missed dose.
- Take your next dose at the usual time and then keep taking your medicine as your doctor has told you.
- Do not take a double dose to make up for a forgotten dose.

4. Possible side effects

- The ingredients in MATRICOLL® ECM are very well tolerated, and no adverse events are expected in adults.
- No assessments have been conducted in children.
- Like all medicines, MATRICOLL® ECM capsules can cause side effects, although not everybody gets them.
- Not all side effects reported for MATRICOLL® ECM are included in this leaflet.
- One of the most common side effects is gastrointestinal discomfort, such as nausea, upset stomach, diarrhoea, and, occasionally, vomiting. These symptoms are usually mild and often resolve on their own after the body adjusts to the supplement.
- Taking MATRICOLL® ECM with food can help minimize these effects.
- Skin reactions are another potential side effect. Some individuals may experience itching, redness, or rash after taking nicotinamide. Although these reactions are generally mild, they can be uncomfortable.
- If a severe skin reaction occurs, it is important to discontinue use and consult a healthcare provider.
- If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

- If you get side effects, talk to your doctor or pharmacist or nurse.
- You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>
- Additionally, you can report adverse reactions directly to medical@lamelle.co.za
- By reporting side effects, you can help provide more information on the safety of MATRICOLL® ECM.

5. How to store MATRICOLL® ECM

- Store all medicines out of reach of children.
- Do not use this medicine after the expiry date which is stated on the label.
- The expiry date refers to the last day of that month.
- Store at or below 25°C.
- Keep the capsules in the container to protect from light.
- Do not throw away any medicines via wastewater or household waste.
- Ask your pharmacist how to throw away medicines you no longer use.
- These measures will help protect the environment.

6. Contents of the pack and other information

What MATRICOLL® ECM contains

- The active substances are Matricoll® Marine Collagen Tri-Peptide, Elastin Di-Peptide, Hyaluronic Acid powder, Astaxanthin powder and Nicotinamide.
- The other ingredient is Starch Maize

What MATRICOLL® ECM looks like and contents of the pack

- MATRICOLL® ECM is presented as capsules in a laminated cylinder cardboard round packaging container.
- A container containing 90 size 00 (yellow and aqua coloured) cellulose capsules with logo.

Holder of Certificate of Registration

Lamelle Pharmaceuticals (Pty) Ltd.
371 Angus Crescent, Northlands Business Park
Newmarket Road,
North Riding
2169

This leaflet was last revised in

July 2025

Registration Number

N/A

Date of Submission:

TBA

PASIËNT INLIGTINGS PAMFLET

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir die kwaliteit, veiligheid of beoogde gebruik daarvan nie.

SKEDULERINGS STATUS **S0**

MATRICOLL® ECM

Kombinasie Gesondheidsaanvulling

Aktiewe bestanddele per dosis (3 kapsules):

Matricoll® Marine Collagen Tri-Peptide 1000 mg
PG Elastin Peptide 100 mg
LMW Hyaluronic Acid 100 mg
Astaxanthin 5 mg
Nikotienamied 200 mg
Die kapsules is Halal en Kosher gesertifiseer.
Suikervry

Lees hierdie pamflet noukeurig deur voordat jy MATRICOLL® ECM begin neem.

- Bewaar hierdie pamflet, want jy gaan dit waarskynlik weer lees.
- As jy verdere vrae het, kan u dit vir u dokter, apteker, verpleegkundige of ander gesondheidsorgverskaffer vra.
- MATRICOLL® ECM is vir jou persoonlik voorgeskryf en jy moet nie jou medisyne met ander mense deel nie. Dit kan hulle benadeel, selfs al is hulle simptome dieselfde as joune.
- Lees hierdie hele pamflet aandagtig deur want dit bevat belangrike inligting vir jou.
- MATRICOLL® ECM is beskikbaar sonder 'n doktersvoorskrif.

Wat is in hierdie pamflet?

1. Wat is MATRICOLL® ECM en waarvoor dit gebruik word
2. Wat jy moet weet voordat jy MATRICOLL® ECM neem
3. Hoe om MATRICOLL® ECM te neem
4. Moontlike nuwe-effekte
5. Hoe om MATRICOLL® ECM te stoor
6. Inhoud van die pakkie en ander inligting.

1. Wat is MATRICOLL® ECM en waarvoor dit gebruik word

- Die naam van jou medisyne is MATRICOLL® ECM
- MATRICOLL® ECM is 'n gepatenteerde vel-anti-verouderingsaanvulling wat help om gesonde kollageen, elastien en hialuroonuur in die vel te herstel.
- MATRICOLL® ECM is die eerste orale aanvulling wat die krag van Matricoll® Tri-Peptiede saam met gepatenteerde PG Elastien di-peptiede en lae molekulêre gewig hialuroonuur bied.
- 'n Drievoudige kompleks om die struktuur van die hele ekstrasellulêre matriks (ECM) van die verouderende/verouderde dermis te verbeter.
- MATRICOLL® ECM is 'n mondelinge velaanvulling vir die verbetering van die voorkoms van tekens van veroudering, verbeterde velhidrasie, die vermindering van vrye radikale skade en die verbetering van velversperringsfunksie.

Voordele en Velverbeterings:

- **Matricoll® Kollageen Tri- en Di-Peptiede (>50% Tri-Peptiede, ~10% Di-Peptiede):** Verbeterde vel-elasticiteit (+20-30%), hidrasie (+15-25%), verminderde plooië (-10-20%), en verbeterde versperringsfunksie. Dit ondersteun ook beendigtheid, gewrigsgesondheid, spierherstel, dermgesondheid en kardiovaskulêre gesondheid, insluitend die vermindering van LDL/HDL-verhoudings en die afname van giftige gevorderde glikasie-eindprodukte (TAGE). 'n Lae dosis van 500 mg tot 1 g daagliks is tien keer meer effektief as tradisionele HC en toon sigbare velverbeterings binne 4-8 weke. Die glisien en prolien help om natuurlike kollageenproduksie te bevorder, wat algemene aminosuurttekorte in moderne diëte aanspreek.
- **Elastien Di-Peptiede (PG Elastien):** Verhoog die elastieninhoud met 15-25%, verminder oogplooie met 20% en verbeter die volle vel en toon, wat help om verslapping te bestry.
- **Lae Molekulêre Gewig Hialuroonuur (LMW HA, <50 kDa):** Verbeter hidrasie met 10-20%, verminder plooië met 15-20%, verminder trans epidermale waterverlies (TEWL), en verbeter vel elasticiteit en gladheid.
- **Orale Astaksantien:** Verminder fotoveroudering, verbeter elasticiteit (+10-15%), hidrasie, en fyn lyntjies; voorkom hiperpigmentasie.
- **Nikotienamied (Vitamiën B3):** Verminder fyn lyntjies met 10-15%, verlig hiperpigmentasie, verbeter vel elasticiteit, en verminder vlekke en skilferigheid.

2. Wat jy moet weet voordat jy MATRICOLL® ECM neem.

- Moenie MATRICOLL® ECM neem as jy oorgevoelig (allergies) is vir enige van die bestanddele van MATRICOLL® ECM nie (sien afdeling 6).
- As jy swanger is of borsvoed.

Waarskuwings en voorsorgmaatreëls

- Vir gebruik langer as 3 maande, raadpleeg 'n relevante gesondheidsorgverskaffer.
- Nie geskik vir kinders nie.
- Raadpleeg jou gesondheidsorgverskaffer voor gebruik tydens swangerskap of borsvoeding.

Ander medisyne en MATRICOLL® ECM

- Gebruik moet vermy word wanneer immuunonderdrukkers geneem word, deur pasiënte met bloedingstoornisse en deur pasiënte op 5- α -reduktase-inhibeerders.
- Vir Astaksantien, beperk inname as jy bloedverdukkers gebruik, aangesien dit die risiko van bloeding kan verhoog.
- Nikotienamied kan interaksie hê met diabetesmedikasie; monitor bloedsuikervlakke dienooreenkomstig.
- As jy enige aanvulling saam met ander medisyne inneem, is dit altyd raadsaam om jou dokter / apteker te raadpleeg.
- Dit sluit komplementêre of tradisionele medisyne in.

MATRICOLL® ECM met voedsel en vloeistof

- MATRICOLL® ECM word nie geaffekteer deur die inname van voedsel of vloeistof nie.
- Moenie saam met hoë-proteïen maaltye neem as jy toestande het wat proteïenbeperking vereis, soos jig nie.
- Oor die algemeen is daar geen noemenswaardige voedselinteraksies nie, maar oormatige alkoholgebruik of rook kan die anti-verouderingseffekte verminder.

Swangerskap en borsvoeding

- Die veiligheid en effectiviteits van MATRICOLL® ECM tydens swangerskap en laktasie is nog nie vasgestel nie.
- Raadpleeg jou dokter, apteker of ander gesondheidswerker vir advies as jy swanger is of jou baba borsvoed terwyl jy MATRICOLL® ECM gebruik.

Bestuur en gebruik van masjiene

- MATRICOLL® ECM behoort geen effek te hê op jou vermoë om te bestuur of om masjiene te gebruik nie.

3. Hoe om MATRICOLL® ECM te neem

- Moenie medisyne wat vir jou voorgeskryf is met enige ander persoon deel nie.
- Moenie medisyne wat vir jou voorgeskryf is, met iemand anders deel nie.
- Neem MATRICOLL® ECM altyd presies soos voorgeskryf in hierdie pamflet of soos jou dokter, apteker of verpleegster vir jou voorgeskryf het.
- Raadpleeg jou dokter as jy nie seker is nie.
- Neem hierdie medisyne mondelings.

Die gewone dosis is:

- MATRICOLL® ECM word as drie kapsules een keer daagliks geneem, verkieslik na etes.

As jy meer MATRICOLL® ECM neem as wat jy behoort te gebruik

- Raadpleeg jou dokter of apteker in geval van 'n oordosis.
- Indien niemand beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

As jy vergeet om MATRICOLL® ECM te neem

- Neem 'n dosis sodra jy dit onthou.
- Neem jou volgende dosis op die gewone tyd en gaan dan voort met jou medisyne soos voorgeskryf.
- Moenie 'n dubbele dosis neem om vir die vergete dosis op te maak nie.

4. Moontlike nuwe-effekte

- Die bestanddele in MATRICOLL® ECM word baie goed verdra, en geen nadelige effekte word by volwassenes verwag nie.
- Geen assesserings is by kinders gedoen nie.
- Soos alle medisyne, kan MATRICOLL® ECM-kapsules nuwe-effekte veroorsaak, hoewel nie almal dit kry nie.
- Nie alle nuwe-effekte wat vir MATRICOLL® ECM gerapporteer word is in hierdie pamflet ingesluit nie.
- Een van die mees algemene nuwe-effekte is gastroïntestinale ongemak, soos naarheid, ontstelde maag, diarree en soms braking. Hierdie simptome is gewoonlik lig en verdwyn dikwels vanself nadat die liggaam aan die aanvulling gewoond geraak het.
- Die neem van MATRICOLL® ECM saam met kos kan help om hierdie effekte te verminder.
- Velreaksies is nog 'n potensiële nuwe-effek. Sommige individue kan jeuk, rooiheid of uitslag ervaar na die neem van nikotienamied. Alhoewel hierdie reaksies gewoonlik lig is, kan hulle ongemaklik wees.
- As 'n ernstige velreaksie voorkom, is dit belangrik om gebruik te staak en 'n gesondheidsorgverskaffer te raadpleeg.
- As u enige nuwe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis.

Aanmelding van nuwe-effekte

- Raadpleeg jou dokter, apteker of verpleegster as jy nuwe-effekte ondervind.
- Jy kan nuwe effekte aanmeld by <https://www.sahpra.org.za/Publications/Index/8> onder SAHPRA se publikasies, op die "6.04 Ongunstige geneesmiddelreaksie Verslagvorm"
- Daarbenewens kan jy nuwe-effekte ook direk aanmeld by medical@lamelle.co.za
- Deur nuwe-effekte aan te meld, kan jou help om meer inligting oor die veiligheid van MATRICOLL® ECM te verskaf.

5. Hoe om MATRICOLL® ECM te bêre

- Hou alle medisyne buite bereik van kinders.
- Moenie hierdie medisyne gebruik na die vervaldatum wat op die etiket aangedui word nie.
- Die vervaldatum verwys na die laaste dag van daardie maand.
- Bêre by of onder 25°C.
- Hou die kapsules in die houer om teen lig te beskerm.
- Moenie enige medisyne deur afvalwater of huishoudelike afval weggooi nie.
- Vra jou apteker hoe om medisyne wat jy nie meer gebruik nie, weg te gooi.
- Hierdie maatreëls sal help om die omgewing te beskerm.

6. Inhoud van die verpakking en ander inligting

Wat MATRICOLL® ECM kapsules bevat

- Die aktiewe bestanddele is Matricoll® Marine Collagen Tri-Peptied, Elastien Di-Peptied, Hialuroonuurpoelier, Astaksantienpoelier en Nikotienamied.
- Die ander bestanddeel is Starch Maize

Hoe MATRICOLL® ECM lyk en die inhoud van die verpakking

- MATRICOLL® ECM word aangebied as kapsules in 'n gelamineerde silindervormige ronde karton verpakkingshouer.
- 'n Houer bevat 90 (geel en akwakleurige) sellulosekapsules (00 grootte) met logo.

Houer van Registrasiesertifikaat

Lamelle Pharmaceuticals (Pty) Ltd.
371 Angus Crescent, Northlands Business Park
Newmarket Road,
North Riding
2169

Hierdie pamflet is hersien

July 2025

Registrasie/ Aansoeknommer

TBA

Date of submission

TBA